

# Har Ghar Durga' - An Awakening of Women's Power and Safety

## Aayam Parivartan

**Venue:** Society Park, River Heights, Ghaziabad

**Date:** 06 December 2025

**Subject:** Successful Commencement of the Free Self-Defense Training Camp by 'Aayam Parivartan'

From Resolve to Reality Women's safety in society is not just a necessity but an absolute right. Embodying this mission, 'Aayam Parivartan' NGO launched a specialized self-defense training camp under the 'Har Ghar Durga' initiative. Anchored by the core mantra "Alertness is Safety," this camp proved to be a revolutionary step towards making women self-reliant, confident, and invincible.

**Diversity and Participation:** 'Durga' awakened in every generation, the most inspiring feature of this training camp was its inclusive participation. Approximately, 30 participants joined the movement, transforming the initiative into a true community crusade. The camp witnessed a beautiful breakdown of generational barriers:

Young Girls learned the lessons of fearlessness from a tender age. Young women Equipped themselves with modern safety techniques and tactical skills to face contemporary challenges. Elderly women Proved through their active presence that courage and the will to learn know no age.

**Impact of Training:** From Skill to Empowerment commencing at 4:00 PM, this free-of-cost session provided participants with more than just physical defense techniques; it offered vital psychological tools for mental resilience. The primary objective was to make every woman realize that she is her own first protector. The resolve of 'Har Ghar Durga' was clearly reflected in the newfound confidence visible on every participant's face.

**Public Response and Future Commitment** The local community and distinguished citizens highly commended this selfless initiative by 'Aayam Parivartan'. Upon the conclusion of the session, all participants not only praised the efforts but also took a collective pledge to support and contribute to all such future workshops. This overwhelming community support makes it clear that this grand mission for safety is now unstoppable.

**Conclusion:** Under the capable leadership of Secretary Stuti Bhushan, 'Aayam Parivartan' has successfully laid the foundation for a secure and empowered

environment. 'Har Ghar Durga' is no longer just a name; it has become a belief—a belief that our daughters and women will not only remain safe but will stand ready to face any challenge head-on.

Aayam Parivartan NGO

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"Be Empowered, Stay Safe."



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